



Blue

## Weekly Class Schedule

Richmond Hill Center

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM - 10:00 AM						
10:00 AM - 11:00 AM						
12:00 PM - 12:45 PM						
4:45 PM - 5:30 PM		JJ 1		JJ 1		
5:30 PM - 6:15 PM	TKD 2	TKD 1 / BJJ 0	TKD 2	TKD 1 / BJJ 0		
6:15 PM - 7:00 PM	TKD 3	TKD 2 / KA / WCKF / BJJ 1 & 2	TKD 3	TKD 2 / KA / WCKF / BJJ 1 & 2		
7:00 PM - 7:45 PM	TKD 5	TKD 4 / KM / WCKF / BJJ 2 & 3	TKD 5	TKD 4 / KM / WCKF / BJJ 2 & 3		
7:45 PM - 8:30 PM						

<p><b>BJJ 0</b> - Brazilian Jiu-Jitsu Juniors (ages 6 - 12)</p> <p><b>BJJ 1</b> - Brazilian Jiu-Jitsu Beginners White Belts (ages 13+)</p> <p><b>BJJ 2</b> - Brazilian Jiu-Jitsu Intermediate Blue &amp; Purple Belts (ages 13+)</p> <p><b>BJJ 3</b> - Brazilian Jiu-Jitsu Advanced Brown &amp; Black Belts (ages 13+)</p> <p><b>KA</b> - Kali (ages 13+)</p> <p><b>KM</b> - Krav Maga (ages 13+)</p> <p><b>OM</b> - Open Mat (Brazilian Jiu-Jitsu only)</p>	<p><b>TKD 1</b> - Taekwondo White-Yellow Belts (ages 6+)</p> <p><b>TKD 2</b> - Taekwondo Camo- Purple Belts (ages 6+)</p> <p><b>TKD 3</b> - Taekwondo Blue-Black Belts (ages 6+)</p> <p><b>TKD 4</b> - Taekwondo Adults (ages 13+)</p> <p><b>TKD 5</b> - Taekwondo Black Belts (ages 6+)</p> <p><b>WCKF</b> - Wing Chun Kung Fu (ages 13+)</p>
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